



poc

ALTITUDE  
THE CHALLENGE

perisher

SUBARU  
Confidence in Motion

THREDBO

travelplanski  
COM.AU  
THE WORLD'S BEST SKI HOLIDAYS

red  
energy

KARBON



SKI & SNOWBOARD  
AUSTRALIA

INTERSCHOOLS  
AUSTRALIA  
SNOWSPORTS

JOSEPH  
EVENTS

# 2019 RULES OF RACING

## NSW/ACT/QLD Interschools Snowsports

(Updated - 4/06/2019)

Managers and competitors must familiarise themselves with these rules prior to their event. Major Changes to the rules for this year's competitions are in **blue bold print**, for ease of recognition.

### TABLE OF CONTENTS

SECTION ONE: - ENTRIES .....	2
SECTION TWO: - COMPETITOR AND TEAM RULES .....	5
SECTION THREE - START ORDER AND PROCEDURES .....	7
SECTION FOUR - COURSE INFORMATION .....	8
SECTION FIVE - PROCEDURES AT THE START, FINISH & DISQUALIFICATIONS & PRESENTATIONS .....	9
SECTION SIX - TIMING, CALCULATIONS AND RESULTS .....	11
SECTION SEVEN - STATE AND NATIONAL SELECTION .....	12
SECTION EIGHT - COURSE OFFICIAL .....	15
SECTION NINE - ALPINE .....	16
SECTION TEN - SNOWBOARDING .....	18
SECTION ELEVEN - MOGULS .....	20
SECTION TWELVE - SNOWBOARD CROSS & SKI CROSS .....	22
SECTION THIRTEEN - CROSS COUNTRY RELAY .....	24
SECTION FOURTEEN - CROSS COUNTRY FREESTYLE .....	25
SECTION FIFTEEN - SNOWBOARD SLOPESTYLE & SKI SLOPESTYLE .....	26
SECTION SIXTEEN - INTERSCHOOLS CODE OF CONDUCT .....	28
Competitors' Code of Conduct .....	28
Parents' Code of Conduct .....	28
School Snowsports Coordinators' & Teachers' Code of Conduct .....	29
Coaches' Code of Conduct .....	29
Administrators' Code of Conduct .....	30
Officials' Code of Conduct .....	30
Team Managers' Code of Conduct .....	31
Spectators' Code of Conduct .....	31
Media Code of Conduct .....	32

*This document acknowledges source material from FIS competition rules.*

*Note that whilst these races are conducted under the sanction of Ski & Snowboard Australia, they are not subject to standard FIS rules. NSW / ACT / QLD Interschools racing is conducted under special rules specifically prepared for the races that it conducts.*

## **Section One: - ENTRIES**

- 1.1 Each school must provide a School Coordinator, who can either be a teacher, parent or adult. The School Coordinator will act as a point of contact between Interschools and their school and is responsible for:
- 1.2 Completing school entries. All entries must be completed in full and lodged with Interschools via the Interschools Online Entry System no later than the deadline date published (via newsletters, meetings and on the website). A Team Manager must be assigned to all school teams and/or individuals. NO LATE ENTRIES WILL BE ACCEPTED.
- 1.3 Competitors must complete an online participant waiver form and will not be able to receive their race bib or enter the course without a completed form.
- 1.4 It is a condition of entry that schools from NSW, QLD & ACT provide volunteer course officials. One volunteer must be provided for every eight entries from a school when the event is held in NSW. Volunteers must be 19 years or older and cannot be enrolled at any school. NSW & ACT Interschools will allocate the course officials positions as best they can. Schools that fail to provide the required number of officials for an event will incur a financial penalty of \$110 per official. In addition to this, schools that repeatedly fail to supply officials may be excluded from the Competition. Schools will be required to supply volunteers when the Australian event is held in Victoria.
- 1.5 Volunteer Course Officials must complete an online volunteer waiver form and will not be able to enter the course without a completed form.
- 1.6 Arranging full payment of the school tax invoice, must be signed with the School Principal's signature. Schools will not be able to race without the School Tax Invoice being paid in full and signed by their Principal or school coordinator, which verifies that all members of the school team are currently enrolled as bona fide students of the school and are competing in their correct division.
- 1.7 The total amount owing shown on the School Tax Invoice at the close of entry must be paid in full. If competitors choose not to compete after the close of entry, full payment is still required. No refunds will be considered/given after the close of entries.
- 1.8 In 2019, the registration charge is a once-only payment of \$30 for all NSW / ACT / QLD Competitors. Entry charges are \$47 per event at the Regional, State and Australian Championships. For individuals that do not compete at the Regional level and join the competition for the first time at the SSA Northern States Championships (in cross country, and/or slopestyle for example), the school will be invoiced for their registration fees.
- 1.9 All school coordinators, team managers, volunteers, parents and competitors must have an understanding of the rules of racing and event code of conduct throughout the competition.
- 1.10 Collection of school race bibs will be at the designated Bib Collection time (as published in newsletters and the website). If the School Coordinator is unable to collect the race bibs, they must organise a delegate to collect. Before race bibs can be issued to the school, all participant and volunteer waivers, school volunteer course officials' requirements are filled, and full payment of the school tax invoice with principal's signature must be received by Interschools. If payment of the tax invoice is not received at the time of bib collection a receipt of payment of a school's purchase order must be provided.
- 1.11 Competitors can only compete for a school that they are enrolled in. If competitors are enrolled in more than one school, they must compete for the school that they have elected to compete with in the Regional Championships. If a competitor competes for a school they are not enrolled in, they will receive a disqualification. Schools and Students can only compete in one Regional Championships.

- 1.12 Competitors must be enrolled in a registered Australian school.
- 1.13 School students from all ability levels are encouraged to enter, with an emphasis on fun and participation in the initial Regional Championships. As the competitions move into the Northern States and National event, the level of competition and the degree of difficulty increases. It is advised that all competitors must be able to execute link turns and ride a chairlift/T-bar confidently, prior to competing in Regional Level events.
- 1.14 Schools outside of NSW, QLD & ACT (Australian and International schools) are welcome to compete in the Regional Championships (either the Northern NSW or Southern NSW Region) International schools must inform NSW Interschools of their intentions to compete. International Competitors will be awarded medals if they place as a top 3 individual or top 3 team, in addition to the top 3 individuals and top 3 teams from NSW / ACT / QLD.
- 1.15 International exchange students and/or International students enrolled in an Australian school which currently competes in the Interschools competitions, are welcome to compete in the Interschools competitions based on the proviso that:
- School coordinators must provide a list of all International students competing, along with any team they are entered into, to Interschools Management, prior to team registration on-line.
  - School coordinators must provide a brief overview of the student's snowsports experience and/or competition record.
  - International students enrolled at a school for specific snowsports training (usually Term 3 only), and with a strong international competition record, may compete for that school as an individual only, and not as part of a team. School coordinators should contact the Interschools management for any clarification on this requirement.
  - International Competitors will be awarded medals if they place as a top 3 individual or top 3 team, in addition to the top 3 individuals from NSW & QLD.
- 1.16 In 2019, the NSW State Championships has been replaced by the SSA Northern States Championships and will now include ACT & QLD Competitors. Participation from ACT and QLD schools will be optional in 2019 and 2020. ACT and QLD schools will receive a National Invite as well as a SSA Northern States Invite from their results at the Regional Championships. ACT and QLD schools can choose to enter both events or either of the events.**

(see section 7 for more information on event qualification).

- 1.17 Schools that already compete must continue to compete in the Regional Championships that they have entered. Interschools can endorse a permanent move to another Championships based on a school's location.

New schools to Interschools should use the following guide to see which Championships they should compete in. We also encourage new schools to contact Interschools to discuss and check which Regional Championships they should compete in.

Northern NSW & QLD Championships – Central Coast, Central West, Hills District, Hunter, Illawarra, New England, North Coast, Northern Beaches, Northern Suburbs, South-Western Sydney, Southern Highlands, Southern Sydney, Upper North Shore, Western Sydney, QLD, International

Sydney Championships – Eastern Suburbs, Inner West, Lower North Shore

ACT-Southern NSW Championships – Riverina, Illawarra, South Coast, South East NSW, ACT & Canberra

- 1.18 In the event of there being dangerous and/or poor weather conditions, the Interschools Committee in conjunction with the hosting resort, reserves the right to cancel, postpone or re-

locate the Championships. In the situation of any event cancellation a maximum of up to 50% of the event entry charge will be refundable upon request.

- 1.19 Competitors and schools are required to prioritise the events they enter. No guarantee can be given that competitors who enter 3 events over two disciplines on the same day of competition, will be able to make the event start time for all 3 events. This particularly applies to Snowboard and Mogul event days. Entry refunds will be provided, upon request, when the event schedule cannot accommodate all specific requests.
- 1.20 Interschools retain the right to refuse entry to the competition.

## **Section Two: - COMPETITOR AND TEAM RULES**

- 2.1 A competitor can only be a member of one team and one division per discipline.
- 2.2 A competitor may elect to ski or board in a higher division, except a Primary (Division 4 or 5) competitor CANNOT compete in a Secondary (Division 1, 2, 3) team. Secondary competitors can ski up any division from Division 3 to 1. Competitors are allowed to compete in different divisions over disciplines. If a competitor competes up a division in a discipline they must compete in that same division in each subsequent Championships.
- 2.3 Each team (including a team of one) is to supply one adult manager. Team Managers are responsible for ensuring competitors are at the start area prior to their start and educating the team on the rules of racing and procedures on the event course. Team Managers are allowed to inspect the course with the team only and must obey Course Inspection Rules. Team Managers are advised to wear snow sports helmets during course inspection. See Discipline rules for specifics on course inspection.
- 2.4 All Competitors must wear an approved Safety Standard Skiing or Snowboarding helmet in all disciplines except for Cross Country – this includes course inspection. Bike, surfing or other helmets are not acceptable.
- 2.5 Competitors must not use iPods, music devices, mobile phones and helmet cameras during the entire duration of their event, including start marshalling, course inspection, and whilst racing.
- 2.6 Divisions are as follows:

### **SECONDARY**

Division 1 - Years 11/12

Division 2 - Years 9/10

Division 3 - Years 7/8

### **PRIMARY**

Division 4 - Years 5/6

Division 5 - Year 4 and under

Division 6 –Year 2 and under. PLEASE NOTE Division 6 is only offered in Alpine and Ski Cross.

- 2.7 Each division is further subdivided into boys and girls. Co-ed (mixed gender) teams compete in the boy's events.
- 2.8 All competitors must be 19 years old or under at the date of the competition.
- 2.9 School Coordinators and/or Team managers are responsible for seeding team members (ie, race starting order within the team). The order of competitors as submitted in the online entry system shall be the order of racing.
- 2.10 No changes to the names or order of competitors will be accepted after the entry closing date. Substitutions may be considered on account only on illness or injury, medical certificates may be requested. Any changes must be submitted by a School Coordinator or their delegate through the official 'Change of Competitor Form' by 3.00pm the day before the event. Changes are not guaranteed and are at the discretion of the NSW & ACT Interschools Committee. Changes to teams will be restricted to direct team member substitutions only. Team changes can only be made with competitors who are already entered into the Championships (ie, schools cannot substitute a participant into a team that has not been entered before entries close). Original race bibs must be worn when team changes have been made, except in cases when competitors were not originally entered into a discipline.

If a competitor fails to race in their correct race bib after a team change, rule 2.12 will apply.

- 2.11 A competitor must wear his/her assigned race bib correctly and visibly during course inspection as advised by the Start officials. If competitors misplace their bib, they must report to the race office before their event to receive a new bib. Schools will be charged \$5 for a replacement bib.
- 2.12 A competitor will be disqualified if he/she does not wear a race bib correctly and visibly during competition. ie, in a race bib that is not assigned to them.
- 2.13 Concussion must be taken seriously to safeguard the long-term welfare of all competitors. All cases of concussion must be reported to the Interschools committee immediately. Competitors suspected of concussion must be removed from snow and may not resume on the same day. Any competitor suspected of concussion must be thoroughly assessed and monitored by a healthcare professional. Competitors with concussion must progress through a Graded Return to Sport (GRTS) protocol. Competitors must receive medical clearance before returning to sport. For further information, please refer to the Ski & Snowboard Australia Concussion Policy and Guidelines. <https://www.skiandsnowboard.org.au/resources/concussion-guidelines/>

## **Section Three - START ORDER AND PROCEDURES**

- 3.1 The starting order in each discipline and division will be determined by a random draw (generated by the online entry system), whereby Team A from each school will be drawn first, followed by Team B from each school and so on.
- 3.2 The runs will proceed as per the discretion of the Interschools Committee and in most cases in numerical order with all the first skiers or snowboarders of a team going through, then the second, then the third, then the fourth. In most instances, Girls races will precede Boys races
- 3.3 At all NSW, QLD & ACT events, this will be in numerical order for all runs. At National level, the second run will also be in numerical order when that event is held in NSW.
- 3.4 The course is available for inspection prior to the scheduled race time and closes 10 minutes before race start. These times can be subject to change as determined by the Resort Race Department, and/or the Interschools Committee Representative. Competitors must wear helmets and have their race bibs visible. See discipline rules for specifics on course inspection. Team Managers and coaches are allowed to inspect the course with competitors. Competitors from other courses, families and friends are not permitted to go down the course at this time.
- 3.5 A competitor who is late for a start or who is not ready for a start with their ski and snowboard equipment, helmet and/or race bib on prior to the start of their run will compete at the end of their Gender and Division.
- 3.6 When a competitor is within 10 race starts, they must have equipment on including bib, skis, snowboard, helmet, gloves and appropriate race attire pertaining to each discipline.
- 3.7 When a competitor is within 10 race starts of their start, coaches, parents, team managers, teachers and all other spectators must not be in the designated 'competitor only' start area. The 'competitor only' start area is determined by the Mountain Race Department, Interschools Start Referee and Race Referee on the day.

## **Section Four - COURSE INFORMATION**

- 4.1 The course will be set by the Resort Race Department in consultation with the Interschools Committee.
- 4.2 All course maintenance work is carried out under the direction of the Chief of Course. This is generally 'side slipping' carried out by Resort Race Department staff and/or Resort Snow Sports staff. In exceptional circumstance other persons with known course work experience may be invited to assist with course work. In all circumstances course workers must follow the direction of the Chief of Course or their delegate and must work in groups. Coaches, team managers, parents or spectators are not permitted on-course without the direct permission of the Chief of Race or their delegate.
- 4.3 A competitor's ski or snowboard and both feet must pass across THE GATE LINE (the imaginary line between a gate and side of course). The competitor may cross this line from any direction and may also go into and out of the gate, "U" fashion, provided the line is crossed. If the course is not completed correctly, the relevant gate judge will record a disqualification next to the competitor's bib number and complete a diagram of the fault.
- 4.4 **If a competitor loses one or both of their skis, and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF for that run.**
- 4.5 If a competitor misses a gate **but does not come to a complete stop**, they can ski/snowboard back to the missed gate and both boots must cross the imaginary line to record a time for the run.
- 4.6 If obstructed during his or her run due to catching up to the competitor ahead of them or a course worker on course, as examples, the competitor may choose to leave the course and report the obstruction to the nearest gate Judge, ski or snowboard to the bottom of the course and report to the Finish Referee. The competitor is not to finish the course and is not to cross the finish line. A provisional re-run will be granted and will be valid only if the Jury confirms it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. **If the competitor goes around the obstruction and crosses the finish line, or does not report to the finish referee, they will not receive a re-run.**
- 4.7 A competitor must not be physically assisted during his or her run. If assisted they may be disqualified.
- 4.8 If a competitor thinks he or she has missed a gate, he/she may ask a Gatekeeper for advice.
- 4.9 The Committee reserves the right on any day of the Championships, postpone, reschedule, relocate (from original advertised location) or cancel (one run or both), any events due to adverse or unsafe weather or snow conditions or forecast conditions, subject to the determination of the Interschools Committee and the respective Alpine Resort.



## **Section Five - PROCEDURES AT THE START, FINISH & DISQUALIFICATIONS & PRESENTATIONS.**

- 5.1 After crossing the finish line, competitors must slow down, turn and show their number to the Finish Referee, then immediately leave the run-out zone.
- 5.2 The run-out zone is a dangerous area and must be kept clear at all times. Parents, coaches and spectators are forbidden in this zone.
- 5.3 A competitor will record a (**did not finish DNF**) if he/she:
- Did not ski or snowboard through the finish line
  - **If a competitor loses one or both of their skis, and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run.**
- 5.4 A competitor will be **disqualified** if he/she:
- Does not wear the helmet and/or a race bib correctly and visibly during course inspection and race.
  - Does not wear the correct bib number.
  - Receives assistance in any form during the race.
  - Fails to pass through all the gates by crossing the line between the gates with ski or snowboard and BOTH feet.
  - If a competitor loses a ski or both skis at the last gate, they may cross the finish line without their ski or skis without disqualification.
  - Is proven to have used fluoro-wax for equipment used on course during the timed/scored runs.
  - Behaves in an improper way toward members of the Jury, the Organising Officials, Race Committee or Resort Personnel. This includes unsportsmanlike behaviour or conduct, and unjustifiable requests for a re-run.
- 5.5 The times specified by the electronic clocks and live timing are indicative only, and do not represent the actual times in all circumstances. Electronic clocks are used at the discretion of the Resorts and Interschools Committee.
- 5.6 Protests IN WRITING by School Coordinators only will be considered after results have been published within 24 hours.
- 5.7 Video evidence and screen shots of live timing will not be considered for a disqualification protest.
- 5.8 THE JURY will decide on protests by majority vote and its decision will be final. The Jury will consist of: (1.) the Chief of Race / (2.) the Race Referee – Interschools / (3.) either the Chief of Gates, Start or Finish Referee. The Interschools Snowsports Committee reserves the right to vary the make-up of the Jury dependent upon suitability.
- 5.9 Abuse of course officials will not be tolerated under any circumstances. The committee reserves the right to exclude and/or disqualify individuals - teams - schools from the competitions as necessary.
- 5.10 The interruption of awards presentations will not be tolerated under any circumstances. We are happy to answer questions following the ceremony and will accept appeals and/or requests to review specific results. The committee reserves the right to exclude and/or disqualify individuals, teams and/or schools from the ceremonies and/or the competitions if necessary.
- 5.11 No competitor's skis and/or snowboard are permitted on the podium at the Presentations. Competitors wishing to take promotional photos with their skis and/or snowboard can do this after the Presentations and must have the permission of the venue owner.

- 5.12 If School Coordinators, Parents, or Participants do not follow the code of conduct listed in Section Sixteen, this may result in Champion School Points being deducted from the Overall Point Scores and/or disqualification to individual and/or team.
- 5.13 No race bibs are to be discarded on course or on the mountain. If race bibs are found, they can be identified, and those competitors will be asked to donate \$50 to the Kosciuszko National Parks & Wildlife Service.

## **Section Six – TIMING, CALCULATIONS AND RESULTS**

- 6.1 For calculation of team results see the specific discipline rules.
- 6.2 Results enquires must be submitted within 24 hours of results being published.
- 6.3 Presentations will take place in an area and at a time to be designated by the committee, as soon as possible after the completion of the Competition.
- 6.4 The three fastest times or highest scores of individuals and teams for each discipline will be awarded at the Regional, State and National Championships. No individual awards will be awarded in the Cross-Country Relay.
- 6.5 At the Regional Championships, Discipline and Champion School Awards will be awarded as:
- Champion School (Secondary Girls / Secondary Boys / Secondary Co-Ed / Primary Girls / Primary Boys / Primary Co-Ed), based on team results from all disciplines.
  - Champion Skiing School (Secondary Girls / Secondary Boys / Secondary Co-Ed / Primary Girls / Primary Boys / Primary Co-Ed), based on team results from the Alpine, Skier X and Moguls.
  - Champion Snowboard School (Secondary Girls / Secondary Boys / Secondary Co-Ed / Primary Girls / Primary Boys / Primary Co-Ed), based on team results from the Snowboard Giant Slalom and Snowboard Cross
- 6.6 At the SSA Northern States Cross Country Championships, Champion School Awards will be awarded as:  
Champion Cross Country School (Secondary Girls / Secondary Boys / Secondary Co-Ed / Primary Girls / Primary Boys / Primary Co-Ed), based on team results from the Cross Country Freestyle and Cross-Country Relay.
- 6.7 At the SSA Northern States & National Championships, Champion Schools will be awarded as:  
Champion School (Secondary Girls / Secondary Boys / Secondary Co-Ed / Primary Girls / Primary Boys / Primary Co-Ed), based on team results from all disciplines (including the Cross Country but excluding Slopestyle).
- 6.8 Points for School Championship awards will be awarded in all Disciplines and Divisions, except for Slopestyle as follows:  
First Team = 12 points, Second Team = 10 points, Third Team = 8 points, Fourth Team = 7 points, Fifth Team = 6 points, Sixth Team = 5 points, Seventh Team = 4 points, Eighth Team = 3 points, Ninth Team = 2 points, Tenth Team = 1 point.  
Where a school enters more than one team per division in a discipline, the points of that school's best (one) team only will contribute to the Championship School points.
- 6.9 Resort Timing Huts or Resort Timers must not be approached or interrupted during and after events. All result enquiries must be directed to the Interschools Committee.

## **Section Seven – STATE AND NATIONAL SELECTION**

### **NSW Qualification Rules:**

- 7.1 From the NSW Regional Championships subject to competitive times/scores, the top five NSW placed teams and the top **fifteen** individual NSW competitors from Divisions and disciplines will be eligible to race in the SSA Northern States Championships (subject always to the discretion of the Interschools Committee).
- 7.2 In the situation that less than the top 5 teams and top 15 individuals from a Regional Championships have been invited in a division, the Interschools Committee will review the results of all teams and individuals at ALL regional events, and may invite additional teams and/or individuals to the SSA Northern States Championships, who have achieved competitive times. Finalised invitations will be posted on the Interschools website soon after the end of All Regional Championships.
- 7.3 Each team participating in the SSA Northern States Event must have one original team member from Ski Cross, Snowboard Cross, Moguls, Snowboard GS and two original team members from Alpine that qualified in the Regional event. Schools may enter competitors into the event that did not compete at the Regional events if they are placed in a qualified team, before entries are closed. For rules on team changes once the Championships has commenced, please refer to rule 2.10.
- 7.4 From the SSA Northern States Championships subject to competitive times/scores, the top six NSW placed teams and the top **twenty** individual NSW competitors from divisions and disciplines (other than in Slopestyle), will be eligible to race in the Australian Interschools Championships. (Subject always to the discretion of the Interschools Committee).

### **ACT, QLD, and International Qualification Rules:**

- 7.5 From the ACT-Southern NSW Championships, subject to competitive times/scores, ACT teams that place within the overall top 6 team placing's, along with ACT individual competitors that place in the overall top **15** individuals, from all divisions and disciplines, will be eligible to race in both the SSA Northern States Championships and the Australian Interschools Championships. (subject always to the discretion of the Interschools Committee).
- 7.6 From the SSA Northern States Cross Country Championships, subject to competitive times/scores, ACT, QLD and International teams that place within the overall top 6 team placing's, along with ACT, QLD and International individual competitors that place in the overall top **fifteen** individuals, from Divisions 1-5 in all disciplines will be eligible to race in the Australian Interschools Championships. (subject always to the discretion of the Interschools Committee).
- 7.7 From the Northern NSW & QLD Championships, subject to competitive times/scores, QLD and International teams that place within the overall top 6 team placing's, along with QLD and International individual competitors that place in the overall top **15** individuals, from all divisions and disciplines, will be eligible to race in both the SSA Northern States Championships and the Australian Interschools Championships. (subject always to the discretion of the Interschools Committee).

## General Qualification Rules:

- 7.8 Where the National Event is preceded by a State qualifying event, each team participating in the National Event must have one original team member from Ski Cross, Snowboard Cross, Moguls, Snowboard GS, Cross Country Freestyle and Relay, and two original team members from Alpine that qualified in the State event. Schools may enter competitors into the National event that did not compete at the Regional and/or State events as long as they are placed in a qualified team, before entries are closed. When teams do not have the required number of original members, or do not have the required additional competitors to register as a team, they will no longer qualify and cannot compete. For rules on team changes once the Championships has commenced, please refer to rule 2.10.
- 7.9 For mogul competitors a minimum acceptable score (for Championship progression) will be determined by the Interschools Committee following completion of each event, and before invitations are extended to the next level of competition. Historically this has been a score which is a minimum 40% of the total attainable score (24 / 60) and is often as high as 50% of the total attainable score (30 / 60). The minimum progression score determined reflects the level of the Championships (Regional or State), the Division Level, the course conditions, and the quality of the athlete field.
- 7.10 Only teams and individuals that are included on the official State and National invite lists, or have been officially advised by the Interschools Committee, are eligible to enter and compete in the SSA Northern States and / or Australian Championships.
- 7.11 For the SSA Northern States Championships, all additional new entry enquires must be emailed by the school coordinator, to the committee within 7 days of the opening of the online entry system. For the Australian Championships, all additional new entry enquires must be emailed by the school coordinator, to the committee within 2 days of the opening of the online entry system. Any applications received out of this set period may not be considered.
- 7.12 Competitors who were not able to compete at the Regional or State event due to injury or another commitment will be not be able to compete, except in the case of;
- 7.13 The committee may consider applications from individuals who may not have competed at the Regional or State event due to participation at FIS or other Snow Sport Discipline Calendar event on the event day(s), to compete at the State and/or National event as an individual entry only. Times/placings from team individuals in the preceding year will be viewed to determine application outcomes. **Exemptions are discipline specific. For example, a Snowboard competitor will only receive an exemption for Snowboard GS, Snowboard Cross and/or Snowboard Slopestyle.**
- 7.14 If a competitor is unable to attend a Regional or State event due to a clash with training or competition commitments, an exemption to compete at the National event may be considered. Applications will only be accepted by individuals who are currently part of an SSA Emerging Talent Program (ETP) and/or NSWIS Scholarship program or higher. No exemptions for medical reasons will be accepted.**

**An exemption application must be submitted to the National Interschools Committee prior to the close of entries for the Regional or State event.**

**Exemptions are discipline specific. For example, a Snowboard competitor will only receive an exemption for Snowboard GS, Snowboard Cross and/or Snowboard Slopestyle.**

**Once an exemption has been verified by the SSA Performance Manager and approved by the National Interschools Committee, the individual can enter the National event as an individual entry for the discipline the exemption has been**

**approved for, or the individual can be entered into a school team for any discipline that has already qualified as per Rule 7.8.**

- 7.15 Competitors must compete in the division that they qualified in.
- 7.16 From the State Slopestyle Championships, up to the top **twenty** individual competitors from Division's 1-3, having received a minimum acceptable score, will be eligible to compete in the Australian Interschools Championships. There are no team invites. For State Slopestyle competitors a minimum acceptable score (for National Championship progression) will be determined by the Interschools Committee following completion of each event, and before invitations are extended to the National level of competition. Historically this has been a score which is a minimum 45% of the total attainable score (45/100) and is often as high as 55% of the total attainable score (55/100). The minimum progression score determined by the Interschools Committee reflects the Championship Division level (competitor age), the course conditions, and the skill-level and quality of the athlete field. No National Championship points will be awarded to Slopestyle event results and only individual medals will be awarded at the National Event.

## **Section Eight – COURSE OFFICIAL**

- 8.1 Course officials must attend the Interschools Course Officials Training Sessions and/or read the full Course Officials Guidelines before their course official duties. Course Officials must be able to ski/board to any position on the course.
- 8.2 Course officials scheduled on the published roster must check into the Interschools Race Office at least one hour prior to the advertised course inspection time. If volunteers fail to check in at the event registration desk or fail to report to the top of the course after checking into the registration desk, the school will be penalised \$110 per official.
- 8.3 Course officials must not discuss faults or results with coaches, competitors or spectators.
- 8.4 The Start Referee is responsible for procedures at the top of the course, including communicating when course inspection is open and making sure course inspection rules are adhered to, recording the start order of competitors and informing competitors who have missed their start when they can complete the course.
- 8.5 Start Marshalls are responsible for race bibs to be worn by competitors for course inspection, calling competitors to line-up in bib order, place competitors who do not arrive in time or are not ready for their start at the end of their gender and division, control the excess personnel in the start area such as coaches, team managers, parents, ensure that competitors helmets are secure, making sure race bibs can be read by officials, goggles are on and ski boot buckles are clipped up, and that the competitors wear satisfactory protective clothing.
- 8.6 The Finish Referee is responsible for procedures at the bottom of the course, including recording the finish order of the competitors, controlling the safety of the run-out zone of the Finish area, judge and informing competitors and officials if a re-run is required and recording DQs after each run as reported by the Chief of Gates.
- 8.7 The Chief of Gates is responsible for placing gate judges in a safe and visible position on the course, briefing gate judges on the correct passage competitors must take on their gates, collecting DQs and DNFs from gate judges after each run and communicating them to the Finish Referee and finish area, where possible. They must make sure that the gatejudges on course understand their duty.
- 8.8 Gate judges are responsible for recording whether competitors have cleared gates correctly or by a fault.
- 8.9 Gate Judges are not allowed to instruct competitors whilst they are racing, unless asked to by the competitor or for safety reasons whereby:
  - a. A competitor who comes off the course and believes they have been hindered and approaches a Gate Judge, they must instruct the competitor to report to the Finish Referee and not cross the finish line.
  - b. A competitor has fallen and another competitor is on course behind them, Gate Judges may ask competitors to move out of the way, if possible.
- 8.10 Gate judges are not allowed on the course **unless for safety reasons**.
- 8.11 Gate judges must be observant at all times when they are on course, therefore they are prohibited from filming teams or individual competitors via mobile phones and/or video cameras during the event and must limit mobile phone use to emergency calls only. iPods or other music / radio devices must not be used when competitors are on the course. We request that Gate judges are not accompanied by smaller children whilst on course.
- 8.12 Course Officials must not relay course advice while the competition is running **or discuss faults with anyone outside of other course officials**.

# **The following sections of these rules are applicable to each discipline within the Interschools Competition.**

## **Section Nine - ALPINE**

- 9.1 The team consists of a minimum of three and a maximum of four skiers who are enrolled at the same school.
- 9.2 Each skier will have two runs in numerical order for both runs, unless precluded by weather or course condition or incompetence.
- 9.3 The team result will be determined by the sum of the fastest three times in Run 1 and the fastest three times in Run 2.
- 9.4 For the calculation of individual results, the individual's time is the sum of the times of two valid runs.
- 9.5 If a skier does not finish or is disqualified in Run 1, their time in Run 2 may still be used to calculate the team result.
- 9.6 Unless there are three valid times for the team in each run, the team will not receive a team result.
- 9.7 The course will be a Giant Slalom set suitable for the level of competition.
- 9.8 Course inspection is not a practice run. It is to familiarise competitors with the setting of the course. Course inspection may be carried out by side slipping or a very slow snow plough, through the gates or as designated by the course referee. Failure to comply with this rule may be a cause for disqualification. With marginal snow conditions, the availability of and/or the method of course inspection will be at the discretion of the Race Referee. Course inspection will close 10 minutes prior to the start time.
- 9.9 **If a competitor loses one or both of their skis, and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF for that run.**
- 9.10 **If a competitor misses a gate but does not come to a complete stop, falls and/or loses a stock, they can ski back to the missed gate and both boots must cross the imaginary line to record a time for the run.** They may ask the gatekeeper which gate they missed and whether they have gone far enough to clear the gate. A skier must not be physically assisted during their run.
- 9.11 If obstructed during his or her run due to catching up to the competitor ahead of them or a course worker on course, as examples, the competitor may choose to leave the course and report the obstruction to the nearest gate Judge, ski to the bottom of the course and report to the Finish Referee. The competitor is not to finish the course and is not to cross the finish line. A provisional re-run will be granted and will be valid only if the Jury confirms it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. **If the competitor goes around the obstruction and crosses the finish line, or does not report to the finish referee, they will not receive a re-run.**
- 9.12 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 9.13 Alpine Race Suits are permitted in Divisions 1-4 only. **No Race Suits are permitted in Division 5 and 6.**
- 9.14 **Competitors in Division 5 and 6 must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs. Outerwear such as**



**hoodies, long sleeve shirts, school jerseys and track-suit pants will not be permitted on-course when competing and/or training. This rule is in-line with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.**

- 9.15 Competitors in Division 1-4 that are not wearing an Alpine Race Suit must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will not be permitted on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.
- 9.16 The use of High-Fluoro wax and Fluorocarbon liquid sprays is not permitted.**
- 9.17 For **disqualification** grounds, see Section Five.

## **Section Ten – SNOWBOARD GS**

- 10.1 The team consists of a minimum of two and a maximum of three snowboarders enrolled at the same school.
- 10.2 Each snowboarder will have two runs in numerical order for both runs, unless precluded by weather or course condition or incompetence.
- 10.3 The team result will be determined by the sum of the fastest two times in Run 1 and the fastest two times in Run 2.
- 10.4 For the calculation of individual results, the individual's time is the sum of the times of two valid runs.
- 10.5 If a snowboarder does not finish or is disqualified in Run 1, their time in Run 2 may still be used to calculate the team result.
- 10.6 Unless there are two valid times for the team in each run, the team will not receive a team result.
- 10.7 The course will be a Giant Slalom set suitable for the level of competition.
- 10.8 Course inspection is not a practice run. It is to familiarise competitors with the setting of the course. Course inspection may be carried out by "falling leaf" through the gates or as designated by the course referee. Failure to comply with this rule may be a cause for disqualification. With marginal snow conditions, the availability of and/or the method of course inspection will be at the discretion of the Race Referee. Course inspection will close 10 minutes prior to the start time.
- 10.9 If a competitor becomes unstrapped from their board and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF for that run.**
- 10.10 **If a competitor misses a gate but does not come to a complete stop or fall,** they can snowboard back to the missed gate and both boots must cross the imaginary line to record a time for the run. They may ask the gatekeeper which gate they missed and whether they have gone far enough to clear the gate. A snowboarder must not be physically assisted during their run.
- 10.11 If obstructed during his or her run due to catching up to the competitor ahead of them or a course worker on course, as examples, the competitor may choose to leave the course and report the obstruction to the nearest gate Judge, snowboard to the bottom of the course and report to the Finish Referee. The competitor is not to finish the course and is not to cross the finish line. A provisional re-run will be granted and will be valid only if the Jury confirms it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. **If the competitor goes around the obstruction and crosses the finish line, or does not report to the finish referee, they will not receive a re-run.**
- 10.12 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 10.13 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs if not wearing a race suit. Race suits are not permitted in Division 5. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will not be permitted on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.

10.14 **The use of High-Fluoro wax and Fluorocarbon liquid sprays is not permitted.**

10.15 For **disqualification** grounds, see Section Five.

## **Section Eleven – MOGULS**

- 11.1 Please refer to the *Interschools Judging Guide* for information on how the discipline is scored, etc.
- 11.2 The team consists of a minimum of two and a maximum of three skiers enrolled at the same school.
- 11.3 In most cases each skier will have two judged runs. If the conditions and scheduling are unfavourable on the day of the event, there will be one judged run. A competitor's highest scored run will be used for the team and individual results, not a combined score. Please note that the Interschools Committee retains the right to introduce a finals format into the competition at the State and/or National level. This would be communicated to all school coordinators prior to the commencement of the respective event. Any finals format would determine the individual medal winners only and would not change the team result as per Rule 11.4.
- 11.4 The team result will be determined by the sum of the best two scores in the first two runs.
- 11.5 Unless there are two valid times for the team in each run, the team will not receive a team result.
- 11.6 The course will be set suitable for the level of competition.
- 11.7 Each skier's run will be judged by a minimum of three judges with criteria as follows:

Turns: 2/3rds - quality and quantity of turns made down the fall line of the mogul slope

Air: 1/3rd - a maximum of two different spontaneous upright jumps should be performed throughout the run. NO somersaults (inverts) are allowed. Prior to the mogul event, the Jury shall confirm the number of aerial manoeuvres recommended for the course. This will be the number that receives evaluation.

Speed: Speed time is NOT a scoring component

- 11.8 The course is open for inspection and practice runs until 10 minutes prior to the start time of the competition. Where possible, practice runs will be run in numerical race bib order.
- 11.9 The skier must ski within the marked (fenced) course. If the boots of the skier cross out of bounds, then the skier is disqualified.
- 11.10 If obstructed during his or her run, the skier must immediately leave the course, ski to the bottom of the course, consult the Head Judge and request a re-run. The competitor is NOT to finish the run and is NOT to ski through the finish line.
- 11.11 The competitor will be judged according to their performance. If the competitor loses one ski and does not continue their run by putting their ski back on in the 10 second time limit, they should exit the course as soon as possible and will be judged up to that point. If a competitor loses both skis, they should exit the course as soon as possible and will be judged up to that point. If a competitor stops in the mogul course for more than 10 seconds, the competitor should exit the course as soon as possible and will be scored to that point.
- 11.12 Competitors performing an "illegal jump" such as an inverted or off axis jump will be disqualified and receive a total score of 0.**
- 11.13 Athletes falling as a direct result of the jump will have their air score deducted depending on the severity of the fall.**

- 11.14 A competitor who does not demonstrate sufficient competency in the opinion of the chief judge may be asked to leave the course.
- 11.15 All competitors must use ski equipment of a minimum length consistent with recognised mogul competitions. Skiboards, Figls, Big Feet or similar will not be allowed.
- 11.16 All competitors shall use a recognised release DIN binding system and devices to prevent runaway ski(s).
- 11.17 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 11.18 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their scored runs. Race suits are not permitted. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will not be permitted on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.
- 11.19 The use of High-Fluoro wax and Fluorocarbon liquid sprays is not permitted.**
- 11.20 For **disqualification** grounds, see Section Five.

## **Section Twelve – SNOWBOARD CROSS & SKI CROSS**

- 12.1 The team consists of a maximum of three and a minimum of two competitors who are enrolled at the same school.
- 12.2 Each skier/snowboarder will have 2 runs in numerical order for both runs, unless precluded by weather or course conditions or incompetence.
- 12.3 The team result will be determined by the sum of the fastest two times in Run 1 and the fastest two times in Run 2.
- 12.4 For the calculation of individual results, the individual's time is the sum of the times of two valid runs.
- 12.5 If a skier/snowboarder does not finish or is disqualified in Run 1, their time in Run 2 may still be used to calculate the result.
- 12.6 Unless there are two valid times for the team in each run, the team will not receive a team result.
- 12.7 The course will be a terrain type course, marked with gates flags and other markings and will have a series of man-made and natural obstacles (ie, jumps, rolls, waves, table tops, banked turns, etc) set suitable for the level of competition.
- 12.8 Course inspection is not a practice run. It is to familiarise competitors with the setting of the course. Course inspection may be carried out by side slipping, a very slow snow plough or "falling leaf", through the gates or as designated by the race referee. Failure to comply with this rule may be a cause for disqualification. With marginal snow conditions, the availability of and/or the method of course inspection will be at the discretion of the Race Referee. Course inspection will close 10 minutes prior to the start time.
- 12.9 If a competitor loses one or both of their skis, becomes unstrapped from their snowboard and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF for that run.**
- 12.10 **If a competitor misses a gate but does not come to a complete stop**, falls and/or loses equipment, they can ski/snowboard back to the missed gate and both boots must cross the imaginary line to record a time for the run. They may ask the gatekeeper which gate they missed and whether they have gone far enough to clear the gate. A skier must not be physically assisted during their run.
- 12.11 If obstructed during his or her run due to catching up to the competitor ahead of them or a course worker on course, as examples, the competitor may choose to leave the course and report the obstruction to the nearest gate Judge, ski or snowboard to the bottom of the course and report to the Finish Referee. The competitor is not to finish the course and is not to cross the finish line. A provisional re-run will be granted and will be valid only if the Jury confirms it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. **If the competitor goes around the obstruction and crosses the finish line, or does not report to the finish referee, they will not receive a re-run.**
- 12.12 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 12.13 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs. Race suits are not permitted. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will not be permitted on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.

- 12.14 Hard boots and snowboards are not allowed to be used by competitors in the Snowboard Cross.
- 12.15 The use of High-Fluoro wax and Fluorocarbon liquid sprays is not permitted.**
- 12.16 For **disqualification** grounds, see Section Five.

## **Section Thirteen - CROSS COUNTRY RELAY**

- 13.1 A team consists of three skiers
- 13.2 The event will be a relay, each skier skiing the same distance
- 13.3 The skiing style of all legs of the relay will be FREESTYLE.
- 13.4 Competitors must not wear shorts only. Full-length pants are appropriate.
- 13.5 The start is a mass start. The Race Referee or Chief of Race may, at their discretion, place the starting skiers in one or more rows. The order of such rows shall be determined by the Race Referee.
- 13.6 The course will be set for length and difficulty to suit this level of competition and for the prevailing snow conditions. Each skier will ski approximately the same distance as follows:  
  
Divisions 1, 2 & 3 – 1 to 1.5 km.  
Divisions 4 & 5 – approx. 1 km.
- 13.7 Changeover of skiers (tagging) is accomplished only within the marked changeover zone and by touching any part of the body by the body (ie hand, arm, body, leg) but NOT the equipment of the changing skiers.
- 13.8 Overtaking skiers may call "TRACK" when overtaking a slower skier. The skier being overtaken should ski to one side of the track but need not stop. If a skier does not move to one side of the track as per this requirement, they risk disqualification.
- 13.9 Competitors must always stay in the course, no course cutting is allowed. Failure to do so may lead to disqualification.**
- 13.10 At the finish, the final skier must ski through the finish line and must not impede any following skiers. The team results will be determined by the completed teams time/place, and will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> only. No individual awards will be made.
- 13.11 Skiers may inspect the track prior to the start under the direction of the Race Referee or Chief of Race.
- 13.12 **Disqualifications** are at the discretion of the Race Referee or Chief of Race, and can be for: Improper changeover, skiing without a bib, using a false name, false start, skiing with wrong bib, skiing out of entry order, accepting outside assistance in the race (eg after a fall) and including pacing, skiing off course, impeding another skier, using wrong technique in start area and/or failing to give way to a faster skier.
- 13.13 **Relay Exchange** – The relay exchange zone should be a rectangle 30 metres long and sufficiently wide, clearly marked and roped off, and located on flat or smoothly rising ground near the start and finish. If the exchange zone is located after the finish line, it must be at least 5 metres beyond the finish line to prevent competitors inadvertently breaking the timing contact.
- 13.14 All skiers must wear appropriate protective clothing during their course inspection and run(s) as determined by the Interschools Race Referee on the day. Exposed skin is not appropriate due to safety reasons.
- 13.15 The use of High-Fluoro wax and Fluorocarbon liquid sprays is not permitted.**



## **Section Fourteen - CROSS COUNTRY FREESTYLE**

NOTE: This event has previously been a Classic Competition and will remain a Classic Competition when the event is held in Victoria at a National Level. When the Regional and Australian Championships are to be held in NSW, this event will be a Freestyle Competition where competitors can either race with skate or classic skis or style.

Rules for the **Freestyle** are the same as for Relay, EXCEPT:

- 14.1 The race will be a massed start. Where appropriate / possible the Start Referee will place the "A" team member on the first line in the mass start, then the "B" on the next line, etc.
- 14.2 The team finishing with the lowest aggregate of the achieved race position placements (ie the aggregate of the position of the three runners) will be the winner and so forth.
- 14.3 The team results will be determined by the combined times/places of all three skiers. Three valid times/places must be recorded in order to qualify for a team results. Teams of one or two competitors can compete in this event, however they would be eligible for the top 3 individual medals only.
- 14.4 The course will be set for length and difficulty to suit this level of competition and for the prevailing snow conditions. Each skier will ski approximately the same distance as follows:

Divisions 1, 2 & 3 – 1 to 2km.

Divisions 4 & 5 – approx. 1 km.

## **Section Fifteen –SNOWBOARD SLOPESTYLE & SKI SLOPESTYLE**

- 15.1 Please refer to the *Interschools Slopestyle Judging Guide* for information on how the discipline is scored, course details, the line the competitor takes through the course, etc.
- 15.2 Slopestyle is open to Division 1 - 3 competitors only, from NSW, QLD and ACT.
- 15.3 Each school coordinator, prior to entering a student in the event, must deem that the student has the appropriate level of skill and experience to compete. Questions that must be asked of students, as part of the Conditions of Entry, by each coordinator are:
- Can you execute a controlled straight air on a green or S category jump?
  - Can you execute a controlled 50/50 (snowboard) or straight grind (skier) on a 5metre box?
  - Do you have the ability to ride/ ski switch in a controlled way down a blue run?
- Previous competition experience and or coaching/ lessons in terrain parks may be taken into account by the School Coordinator to assess appropriate skill level and make up of teams.
- 15.4 The teams consist of a minimum of two and a maximum of three skiers and snowboarders enrolled at the same school from Division 1 – 3 only.
- 15.5 In most cases each competitor will have two judged runs. If the conditions and scheduling are unfavourable on the day of the event, there will be one judged run. Slopestyle events are judged events with no timing component.
- 15.6 Each competitor's run will be judged by a minimum of three judges. One head judge and two additional judges will each give a score out of 100 (known as an overall impression score). The final score for each run will be the average of the three scores. A competitor's highest final score run will be used for the team and individual results, not a combined score.
- 15.7 The team result will be determined by the sum of the highest two final scores from the two competition runs. Unless there are two valid scores, the team results will not count.
- 15.8 Each competitor's run will be judged with criteria as follows:

**The line the competitor takes through the course** – If there are options to choose on-course features in regard to take offs then this is the course 'line'. The judges will take into account if the competitor has chosen a more difficult or less difficult line.

**The use of the terrain features on the course** – How the competitor uses the jib features as creative technical tricks will be rewarded. Amplitude and style in relation to the tricks.

**Overall flow through the course.** - This means how in control the competitor is through the course as a whole. Approach to each feature take off, landings and the overall style displayed moving through the course.

**Jibs:** All jib features should be included in the competitors run to obtain the highest possible score.

**Air:** All jump features should be included in the competitors run to obtain the highest possible score. No somersaults (inverts) are allowed. Somersaults or inverts by definition are when a competitor's feet are above the competitors head in the air. The judge evaluates the following in each jump: Motion, rotation, amplitude and style and then produce a score out of 100 for the overall impression of the run.

- 15.9 The course will be set suitable for the level of competition.
- 15.10 The course is open for inspection and practice runs until 10 minutes prior to the start time of the competition. Each competitor will have at least one training run on the course. All competitors must be present for the compulsory competitor briefing 10 minutes prior to the course

inspection. A check of all competitor race-bib numbers will be done at that briefing. If a competitor fails to attend this compulsory briefing, then the Chief-of-Course reserves the right to disqualify the competitor from the event. If a competitor fails to attend the briefing, and then fails to report to the Chief-of-Course prior to commencing any course inspection, then that competitor may be disqualified from the competition. Where possible, practice runs will be run in numerical race bib order.

- 15.11 Each training and competition run start will be controlled by the appointed chief of course/starter. A competitor who does not demonstrate sufficient competency in the opinion of the chief judge may be asked to leave the course.
- 15.12 All competitors must wear an approved snowsports helmet
- 15.13 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their scored runs. Race suits are not permitted. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will not be permitted on-course when competing and/or training. This rule is being introduced for course and competitor safety reasons, and is in-line with NSW Department of Education school snowsports clothing guidelines.
- 15.14 The competitor must remain within the marked (fenced) course. If the boots of the competitor cross out of bounds or the competitor does not pass through the finish line, then the competitor will receive a score up to the point where they left the course.
- 15.15 If obstructed during his or her run, the skier / boarder must immediately leave the course, ski / board to the bottom of the course, consult the Head Judge and request a re-run. The competitor is NOT to finish the run and is NOT to ski / board through the finish line.
- 15.16 A provisional re-run will be granted immediately and will be valid only if it is confirmed by the Chief of Course at the conclusion of that run. If the claim for the re-run is shown to be unjustified, the competitor's re-run will not be counted.
- 15.17 The competitor will be judged according to their performance. If the competitor loses one ski and does not continue their run by putting their ski back on in the 10 second time limit, they should exit the course as soon as possible and will be judged up to that point. If a competitor loses both skis, they should exit the course as soon as possible and will be judged up to that point. If a competitor stops for more than 10 seconds, the competitor should exit the course as soon as possible and will be scored to that point. The same rules apply to boarders who break and/or eject from bindings.
- 15.18 All competitors shall use a recognised release DIN binding system and devices to prevent runaway ski(s) and boards.
- 15.19 Procedures at Finish The competitor, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run-out zone. The run-out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.
- 15.20 **Disqualifications** are at the discretion of the Race Referee or Chief of Race, and can be for: skiing/riding without correct bibs, false name, accepting outside help in a run (ie: after a fall), unjustifiable requests for a re-run, skiing/riding off designated course, performing somersaults (inverts) or for unsportsmanlike behaviour or conduct. Competitors who believe they will be disqualified should check with the Head Judge who will check with the appropriate official. Disqualifications are at the discretion of the respective Chief of Competition and/or jury. A competitor who does not demonstrate sufficient competency in the opinion of the Chief Judge or Starter may be asked to leave the course.
- 15.21 **The use of fluoro-wax is not permitted.**

## **Section Sixteen - INTERSCHOOLS CODE OF CONDUCT**

### **Competitors' Code of Conduct**

- All participants involved in Interschools, particularly competitors and school students, should be aware that this Code of Conduct applies not only to official Interschools races, programmes, ceremonies and activities, but also to the general conduct of participants during the entirety of the Interschool Snowsports Championships. This clause will be interpreted broadly by the NSW-ACT Interschools Snowsports Committee.
- Remember that participation in sports is a privilege, not a right, and that you are expected to represent your school, coach and team-mates with honour and dignity on and off the field. Remember that, 'Losers say little and winners say even less'.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Participate and compete by the rules of the event.
- If you disagree with an official, have your team manager/teacher/snowsports coordinator approach the appropriate official and pursue an acceptable form of dispute resolution.
- Control your behaviour on and off the slopes. Verbal abuse of officials, sledging or intimidating other competitors, deliberately distracting or provoking an opponent are not acceptable or permitted behaviour at any event.
- Value and respect honest effort. Work equally hard for yourself and/or your school team. Your team's performance will benefit, and so will you.
- Be a good sport. Applaud all good performances, regardless of which team they represent.
- Treat all participants in your event, as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your school, coach, team manager, teammates and opponents. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents, coaches and teachers.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.

### **Parents' Code of Conduct**

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not coerce them.
- Provide positive focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to participate according to the rules. If you disagree with an official, have your team manager approach the official and pursue an acceptable form of dispute resolution.
- Remember that children learn best by example. Appreciate good performances and skills shown by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect the officials' decisions and teach children to do likewise.
- Respect the rights, dignity and worth of every student regardless of their gender, ability, cultural background or religion.
- Show appreciation and be courteous to volunteer coaches, officials, team managers and administrators. Without them, your child could not participate.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.
- Do not interfere with the conduct of any events.
- If you feel there is an issue to dispute, have your team manager/teacher/snowsports coordinator approach the appropriate official and pursue an acceptable form of dispute resolution.
- Smoking near competitors and racecourses is not acceptable.

## **School Snowsports Coordinators' & Teachers' Code of Conduct**

- Attend or send a proxy to the pre-race briefing for Interschools racing where possible & practical.
- Encourage and give opportunities to students so that they may participate and compete in a variety of snow sports.
- Create opportunities to teach appropriate snow sports behaviour and attitudes as well as basic skills.
- Give priority to participation, enjoyment and skill learning, especially for early primary school children.
- Provide opportunities for quality supervision and instruction for students.
- Prepare young people for the Interschools competition by teaching them basic skills, the rules of the competition, sportsmanship and the values of competition.
- Make young people aware of the positive benefits of participation in snow sport activities and being part of a school sporting team.
- Teach your students to be friendly and courteous towards officials and opponents.
- Help students understand the differences between the junior competitions in which they participate and elite snow sports.
- Help students understand that competing by the rules is their responsibility.
- Remove from competitions/race courses/programs any student whose behaviour is not acceptable.
- Provide students with opportunities to participate in administration, coaching and refereeing of events, training and school teams as well as playing.
- Keep up to date with coaching practices and the principles of physical growth and development. Read and use the latest coaching and teaching resources for junior sport.
- Support implementation of the National Junior Sport Policy.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of every student regardless of their gender, ability, cultural background or religion.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and racecourses is not acceptable.

## **Coaches' Code of Conduct**

- Remember that students participate for pleasure and that winning is only part of the fun.
- Create opportunities to teach appropriate snow sports behaviour and attitudes as well as basic skills.
- Never ridicule or yell at a student for making a mistake or not coming first.
- Be reasonable in your demands on students' time, energy and enthusiasm.
- Operate within the rules and spirit of Interschool Snowsports and teach your students to do the same.
- Ensure that the time students spend with you is a positive experience. All students are deserving of equal attention and opportunities.
- Avoid overplaying the talented students; the just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all students.
- Display control, respect and professionalism to all involved with snowsports. This includes opponents, coaches, officials, administrators, mountain staff, the media, parents and spectators. Encourage your students to do the same.
- Remember that children learn best by example. Show appreciation for good performances and skills shown by all participants.
- Help students understand that competing by the rules is their responsibility.
- Remove from competitions/race courses/programs any student whose behaviour is not acceptable.

- Show appropriate concern and caution toward sick and injured students. Follow the advice of a physician when determining whether an injured student is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Do not interfere with the conduct of any events.
- If you feel there is an issue to dispute, have your team manager/teacher/snowsports coordinator approach the appropriate official and pursue an acceptable form of dispute resolution.
- Respect the rights, dignity and worth of every student regardless of their gender, ability, cultural background or religion.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and racecourses is not acceptable.

## **Administrators' Code of Conduct**

- Give all students equal opportunities to participate.
- Ensure that rules, equipment, racecourses and training schedules are modified to suit the age, ability and maturity level of students.
- Remember that students participate for their enjoyment and benefit. Do not over emphasise awards.
- Help coaches and officials highlight appropriate behaviour and skill development and help improve the standards of coaching and officiating.
- Ensure that everyone involved in Interschool Snowsports emphasises fair play, and not winning at all costs.
- Be consistent, courteous and helpful towards all participants.
- At the time of registration or another appropriate time, give an Interschools Code of Conduct sheet to school snowsports coordinators, teachers, spectators, officials, parents, coaches, competitors and the media, and encourage them to follow it so that they understand their responsibilities regarding 'fair play' in children's sport.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Use common sense to ensure that overcalling violations does not lose the 'spirit of the competition' for children.
- Support implementation of the National Junior Sport Policy.
- Make it clear that abusing young people in any way is unacceptable and will result in disciplinary action.
- Respect the rights, dignity and worth of every student regardless of their gender, ability, cultural background or religion.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and racecourses is not acceptable.

## **Officials' Code of Conduct**

- Attend or send a proxy to the pre-race briefing for Interschools racing.
- Compliment and encourage all participants.
- Remember that students participate for their enjoyment and benefit.
- Be consistent, objective and courteous when making decisions towards all participants.
- Promote respect for all opponents and sporting behaviour.
- Help students understand that competing by the rules is their responsibility.
- Emphasise the spirit of the game rather than the errors.
- Be a good sport yourself. Actions speak louder than words. Your behaviour and comments should be positive and supportive.
- Place the safety and welfare of the participants above all else.

- Give all participants a 'fair go' regardless of their gender, ability, cultural background or religion.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Smoking near competitors and racecourses is not acceptable.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.

### **Team Managers' Code of Conduct**

- Attend or send a proxy to the pre-race briefing for Interschools racing.
- Provide quality supervision and instructions for a small group of students.
- Ensure that your team understands and follows the rules and procedures of Interschools events.
- Ensure your team understands that competing by the rules is their responsibility.
- Ensure your team is at the racecourse in plenty of time to complete course inspection and hear relevant instructions from officials.
- Ensure your team acts with integrity, loyalty, sportsmanship and within the values of the Interschools competition.
- Make your team aware of the positive benefits of participation in snow sport activities and being part of a school sporting team.
- Ensure that you and your team are friendly and courteous towards officials, opponents and mountain staff.
- Help your team to understand the differences between the junior competitions in which they participate and elite snow sports.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of every student regardless of their gender, ability, cultural background or religion.
- Smoking near competitors and racecourses is not acceptable.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.

### **Spectators' Code of Conduct**

- Remember that students participate in sport for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the outcome.
- Respect the decisions of officials and encourage students to do the same.
- Positive comments will be motivational for all participants.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or students.
- Show respect for your team's opponents. Without them there would be no competition.
- Encourage competitors to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass competitors, teachers, team managers, coaches or officials.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Smoking near competitors and racecourses is not acceptable.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.

## Media Code of Conduct

- Provide coverage of children's sport as well as reporting adult sport.
- Place the safety and welfare of the participants above all else.
- Be aware of the differences between adult sport, professional sport and modified sports programs for young people.
- Don't highlight isolated incidents of inappropriate sporting behaviour.
- Focus upon a competitor's fair play and honest effort.
- Do not place unfair expectations on participants. They are not miniature professionals.
- Focus on the abilities and not the disabilities of participants.
- Avoid reinforcing stereotypical views on the involvement of boys/girls in particular sports.
- Give equal time and space to reporting boys and girls sports.
- Familiarise yourself with the National Junior Sport Policy.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of every participant regardless of their gender, ability, cultural background or religion.
- Smoking near competitors and racecourses is not acceptable.
- Respect all the support people involved with Interschools events that enable the event to occur. These include but are not limited to: mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you is at stake. Observe the Alpine Responsibility Code.